

Discharge Instructions for Excisions/Mole Removal

Dr. Samuel Lam

(972) 312-8188 Monday-Friday, 9am-5pm

(214) 346-1388 Answering Service

SPECIFIC INSTRUCTIONS:

- Always wash your hands before caring for the incision.
- Apply a thin smear of Mupirocin Ointment (antibiotic ointment) to incision twice a day for one week. Always use a clean Q-Tip to apply ointment.
- You may apply ice to the surgical area for 20-30 minutes at a time, several times a day for 2 days. Be sure to wrap a washcloth around the ice so that it is not directly on the skin. Wait at least 30 minutes before reapplying ice.
- Report any signs of infection including; increased redness, swelling or warmth, yellow/green discharge, or if you develop a temperature over 100.5 degrees. Report any severe itching which could be caused by an allergic reaction to the Mupirocin.
- Return to office as directed for follow-up appointment.
- Call the office for any other questions or concerns.

Patient signature _____

Witness _____

Date _____